

# Gear Requirements - Dutch Lions Cup 2024

These requirements are there to assure the safety off all participants. During the event there will be no discussion with the staff regarding your gear.

If you have any questions regarding your gear make sure you ask them before the event. We will make sure to explain and help were we can.

## General rules

- All gear needs to be properly maintained.
- There can be no exposed skin, also on the back of the body.
- More gear then the requirements is allowed, however metal protectors are not allowed as an outside layer and are generally not recommended.

Swords will be provided by the event. The swords that we will be using are Kvetun Standard Feders.

## Gear requirements

- Mask with back of the head protector
  - o The mask may have no significant dents or disrupted unity off the mask.
- A padded fencing Jacket
  - o No visible or unprotected openings.
  - o If the jacket opens on the front it needs to have an additional layer to cover this.
  - o The jacket can have mesh on the back if there is no opening for a sword point to go through.
    - Sport fencing jackets and reenactment jackets are not allowed.
- Heavy Gloves meant for heavy contact sparring.
  - Lacrosse gloves, red dragon sparring gloves and steel plated gloves are not allowed.
- Lower arm protection is required if the jacket or glove do not properly cover the lower arm with proficient protection.
- Throat guard with hardened plate protecting the larynx.
- Elbow protectors
- Knee- and shin guard
- Cup (mandatory for Men, recommended for Women)
- Shoes are mandatory and are not allowed to leave marks on the floor